KERALA STATE SPORTS COUNCIL

THE PRECAUTIONS AND SOCIAL AWARENESS ACTIONS ADOPTED BY KERALA STATE SPORTS COUNCIL AND 14 DISTRICT SPORTS COUNCILS AGAINST COVID19
Following are the activities of 14 District Sports Councils under KSSC against Covid 19

- The Thiruvananthapuram District Sports Council has organized the Coaches to collect the necessary grocery items for the community kitchen for the district. These collected items are divided and then packed in particular kits and to around 25 Community Kitchens under the Thiruvananthapuram corporation. In front of the district sports council office, water as well as sanitizers are placed for washing hands.

- The Kannur district sports council, Kannur district panchayath and Youth welfare board have been working with a call centre and help desk at Kannur district sports council to raise public awareness on Covid 19 related issues and to resolve public doubts. And also collects the necessary goods from People and Organizations and deliver those to the community kitchens. In addition, celebrities such as international, national players and film stars are also sending messages to the public through the call centre.
Following are the activities of 14 District Sports Councils under KSSC against Covid 19

- The Ernakulam District Sports Council has organized online chess competitions for home stayers during the Lockdown period and the coaches have been instructing the athletes how to train and come up with sports through online classes. It has been decided to provide buildings under the Ernakulam District Sports Council to pack ration kits and to start a corona care model hospital for the public. Under the aegis of the District Sports Council, food and essentials are provided to needy families in different parts of the district. The Vice-President of the District Sports Council, and Senior doctor of the Medical Trust Mr. J. Jacob, is working with a medical team under the District Sports Council, to provide counselling for patients at home during the lockdown, and also for the mentally retarded people.

- The community kitchen, led by the Pathanamthitta District Sports Council, is producing more than 250 food packs and delivering them to the homes of needy people every day. In addition, training kits are also provided in the homes of sports students, depending on the availability of funds. In addition, the police and media personnel are provided with Ayurveda kits and medical checkups.
Following are the activities of 14 District Sports Councils under KSSC against Covid 19

- As part of the "Break the Chain" campaign organized by the District Sports Council of Alappuzha, an awareness video is being produced and disseminated through social media. They also provided sports equipment to the guest workers such as Carom board, Chess etc by staying within financial constraints. In addition to that, the required items for the community kitchen has also been purchased and delivered.

- The Kozhikode Corporation has donated amount of Rs.106000 worth of groceries for the purpose of the community kitchens in the premises of the Kozhikode District Sports Council and Community Kitchens are functioning in the district sports academy building under the District Sports Council of Malappuram..

- The indoor stadiums, office buildings, sports academies, dormitories, etc. under the District Sports Council of the 14th District have all been sanctioned for Isolation Ward and Observation Ward for the prevention of Covid19.
Action Taken - A

- All Training Programs suspended
- District, College & School level Sports Academies Closed
- Camp for District/State/National Competitions suspended
- All Stadiums, Swimming Pool, Gymnesiums are closed
Action Taken - B

- All District/State Championships suspended
- Selection for Sports Academies postponed
- Sports Certificate Verification suspended
- Operation Olympia & Elite Training Scheme closed
Action Taken - C

- General Body Meeting of Recognised Sports Association postponed
- Standing Committee of Kerala State Sports Council postponed
- Office Duty of the employees rearranged as per Govt. Order
- Instructions issued to all District Sports Councils

Preventive measures for FLU + COVID-19

- Washing your hands is the best protection
  - Wash often
  - Use soap and water
  - Wash for at least 20 seconds
- Use hand sanitizer
  - Alcohol-based
  - When washing is not an option
- Avoid close contact
  - With people who are sick or may appear under the weather
  - Stay home when you are sick. Do not expose others.
- Face masks:
  - Those showing symptoms of the disease should wear a mask to help prevent the spread of the disease.
  - Wearing a mask is not recommended for those who are well; it will not protect you.
- Cover your cough or sneeze
  - Use a tissue then
  - Wash your hands into your elbow
  - When a tissue is not available
- Clean and disinfect often
  - With a household cleaning product, wipe
  - Frequently touched objects
  - Regularly used surfaces
Action Taken - D

Due to Lockdown, work from home entrusted through online file processing system

Only bare minimum staff for the office functioning
Prevention is better than cure ....

Break the pathway of transmission
“അശേവ ജാഗതാ മതി മതി”

Thanks!

KERALA STATE SPORTS COUNCIL
THIRUVANANTHAPURAM